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„Wear to Care: Sustainable Fashion for a Thirst-Free World”

Oven Mitt

Materials Needed

- pieces of thick cotton fabric,
- quilt batting or an old towel,
- scissors,
- a needle and thread or a sewing machine,
- chalk or a pencil.



Instructions

1. Trace your hand on a sheet of paper, adding about 2–3 cm ($\frac{3}{4}$ –1 $\frac{1}{4}$ in) of extra space for the seams.
2. Cut out the template, then trace it onto the fabric. You will need two pieces for the top and two for the bottom of the mitt, as well as several layers of batting.
3. Layer the materials: outer fabric, batting, and inner fabric.
4. Sew each side of the mitt together, leaving an opening for your hand.
5. Turn the mitt right side out and finish the edge of the opening.
6. Check that all the seams are secure and that the padding provides good protection against heat.

Done! The mitt can also be decorated with patches or pieces of colorful fabric scraps.

