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„Wear to Care: Sustainable Fashion for a Thirst-Free World“

DIY T-Shirt Yarn Rug

You will need:

- Several old T-shirts
- Scissors
- A round base, such as a piece of thick cardboard
- String or yarn to make the “spokes”

How to make it:

1. Make T-shirt yarn

Cut the T-shirt across the fabric into strips about 2–3 cm wide. Join the strips together to create one long, continuous strip. Gently stretch the strip and it will naturally curl into a cord.

2. Prepare the round base

Attach pieces of string or yarn around the edge of the circle, spacing them about 2 cm apart. The strings should run across the center of the circle, creating a shape similar to the spokes of a bicycle wheel. The more “spokes” you add, the denser your rug will be.

3. Start weaving

Thread the T-shirt yarn under the first “spoke,” then over the second, under the third, over the fourth, and so on. For each new round, alternate the pattern — if the previous round went **under-over**, the next one should go **over-under**.



4. Push the weave toward the center

After every few rounds, gently but firmly push the woven fabric toward the center. This will help keep the rug compact and even.

5. Change colors

When you run out of yarn made from one T-shirt, join it to a strip from another T-shirt. This allows you to create colorful stripes or mix different colors throughout the rug.

6. Finish the rug

Once you reach the edge of the circle, carefully remove the rug from the “spokes.” Thread the end of the T-shirt yarn through several nearby woven sections and secure it firmly.

Important:

Do not pull the T-shirt yarn too tightly while weaving. If the yarn is too tight, the rug may start to pucker or take on a bowl-like shape.